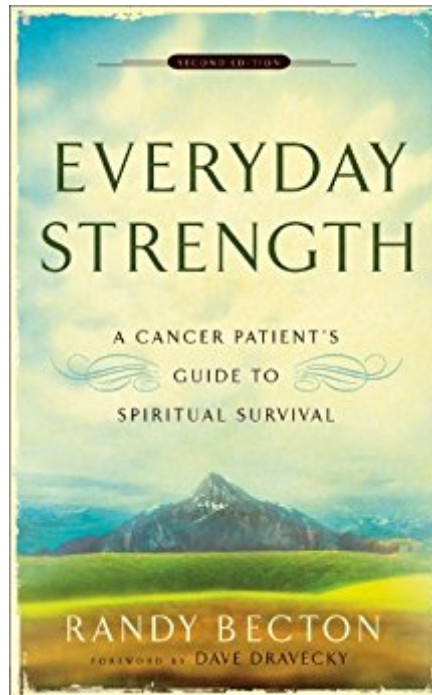


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# Everyday Strength: A Cancer Patient's Guide To Spiritual Survival



## Synopsis

As a cancer survivor, Randy Becton knows firsthand the onslaught this disease brings on the human spirit. His experience creates a special bond with fellow cancer patients, making his encouragement even more powerful. In *Everyday Strength* he offers hope and comfort through poetic prayers, Scripture, brief reflections, and uplifting thoughts for each day. *Everyday Strength* deals honestly with topics such as depression, anger, fear, and loneliness. It guides those who are fighting cancer toward spiritual and mental wellness in the face of physical illness. First published in 1989, these thirty-three meditations are now repackaged with a fresh look for today.

## Book Information

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## Customer Reviews

I ordered this book for my husband who was recently diagnosed with non-Hodgkins lymphoma after spleen removal and is undergoing chemotherapy. I struggled with what to provide in terms of spiritual support, as he is Christian but not "religious." This book appears to be a good "match" for him. He reads sections during chemo and before he goes to bed. The book is a good blend of practical information/advice about cancer and treatments as well as prayers and spiritual reflections. This blend seems to work well for him as a computer networking engineer. Yesterday I saw tears on

his cheeks after his reading, and he said "This guy knows what he's talking about. It's exactly how I feel." Then I got tears in MY eyes. I'm so glad he is being blessed and comforted by this work. Thank you, Randy.

I am on staff at a large church. We have a cancer support group and Everyday Strength: A Cancer Patient's Guide to Spiritual Survival has been very uplifting for so many of them. We highly recommend this book.

I have purchased several of these for friends who are dealing with a cancer diagnosis. The BEST book for that situation.

Everyday I found encouragement that can only be given by someone who has gone through cancer. I still read it even though I'm now 'cancer free'. I received this book as a gift and ordered another for a friend because I couldn't seem to part with mine. It had become almost like an understanding and wise friend to me.

Excellent Book. These books provide insight and direction for difficult situations in life. Would recommend for professionals and novice self insight information. Recommendations from numerous Psychiatric Board Certified Associations. Good Seller. Thank you

The person I gave this too has had a long, off and on, battle with cancer. It had returned. He wrote me a nice letter, thanking me. He was familiar with Randy Becton and had read other works he has written.

The first 15 pages truly puts on paper the chaos and emotion flying through a person's mind when they hear the dreaded "C" word. Somehow that helped me, and I give this book to anyone I know or do not know so it may help them too.

I received this as a gift while going through my healing journey and in turn I have gifted to someone going through hers. It is poignant, relevant and a source of great encouragement. When I did not want to look at another cancer book this showed up it took me a few weeks to open it and I was sorry I waited. If you and or someone you know is fighting a cancer battle do yourself and or a loved one a favor and get this book

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Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Everyday Strength: A Cancer Patient's Guide to Spiritual Survival Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) The Ultimate Anti-Cancer Cookbook: A Cookbook and Eating Plan Developed by a Late-Stage Cancer Survivor with 225 Delicious Recipes for Everyday Meals, Using Everyday Foods Survival: DIY Survival Guide - Tactics That Everyone Should Know - Learn How to Survive a Disaster (Survival, Survival Guide, Prepping, SHTF Book 1) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Paracord: The Ultimate Paracord Projects - Learn How To

Use Paracord For Survival (Survival Guide, Bracelet And Survival Kit, Prepper's Survival) Bushcraft Survival Guide: Important Bushcraft Skills To Survive In The Wild: (Bushcraft Outdoor Skills, Bushcraft Carving, Bushcraft Cooking, Bushcraft ... Survival Books, Survival, Survival Books) SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) Build a Survival Safe Home: The Latest Guide for Building Safe and Warm Wilderness Shelters (Survival Safe Home, Survival shelter, Survival shelter books)

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